

# NEWS ROUND UP

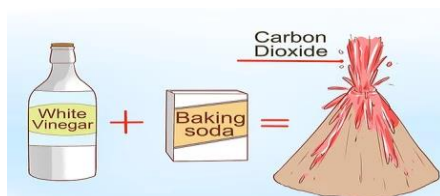
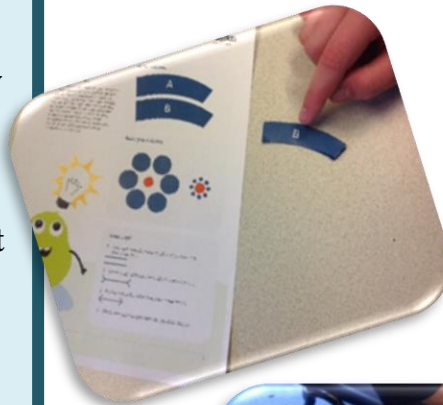
## NEWSLETTER 6

### MARCH



Science week commenced from the 14th – 18th March in Headstart school. Students enjoyed participating and making predictions in a variety of experiments and tasks throughout the week. Some of the most popular experiments were the physics based catapult which used pegs, elastic bands and a spoon to fire pieces of paper across the room. The more elastic energy in the catapult via the pegs lead to greater firing power. Another popular experiment was the optical illusions which lead to the belief that objects were smaller or larger than they actually were. Students used their measuring skills to disprove these theories. A Science week is not complete unless you create your very own chemical volcano. Students watched in awe as the combination of vinegar, washing up liquid and bicarbonate of soda erupted over the carefully created volcano sculpture. If the purpose of this week was to prove that Science is fun, then it is safe to say that this week was a huge success.

## Science Week



## KS4 Class



### Science Week

This term, students in Key Stage 4 have taken part in some Science experiments as part of Science Week. Students enjoyed the practical aspect of the lessons and were able to engage and communicate as to what equipment was needed. Students were able to instruct each other as to which order specific items were needed. They were able to conclude as to whether the experiment was successful or not and could explain what could be done to make the experiment better. All students worked together well during the lessons. This helped improve social interactions with each other, as well as independence skills as students worked through them with little help and guidance.

### Football Match

Students in Key Stage 4 really enjoyed taking part in a school football match against St.Mary's School held at Headstart school. There were a wide range of students playing from both Headstart sites. All students who took part in the match, played fantastically and conducted themselves brilliantly throughout the whole game. The students worked on teamwork, communication and built on their social skills. Lots of goals were scored for both teams and the students all had a really good time. It was great to see our students all working together as part of a team. Other staff members and students came out on to the field to support and cheer their peers on. There was a lovely vibe and togetherness throughout the duration of the match and all the staff were incredibly proud of the Headstart students. More football matches are planning to be arranged.



### Cooking

Students in Key Stage 4 have had the opportunity to take part in cooking lessons again this term. Students have really enjoyed making different foods. They prepare the foods, through mixing, cutting and sorting. Measure out how much of each ingredient is required and then place them in the oven to cook. Once cooked, the students are able to try the foods they have made. This really helps students with their independence. They also have the opportunity to enhance on their maths skills as they are required to measure and weigh different food items. Students also learn interaction and turn taking skills. These lessons have been fundamental for their progressions and development into independent young adults. Students have made; pancakes, cheeseburgers, Cornish pasties and cupcakes this term.





## Post 16



**This term for Land-based Studies, Students have planted spring bedding flowers for containers outside reception.**



**This month we have been continuing with repairs from the storm damage.**

**The chicken coop is well under way and we are hoping to have it finished by the time everyone is back from the Easter break. Thank you to everyone that has helped !!**

**We have been working with Elsa on her shyness and although she is still not the easiest to catch she is coming out of her shell more and more.**

**Talking of coming out of her shell, Kat took a few children this week to buy hatching eggs which are currently being incubated. Watch this space for some new bantams in the near future !!**

**I hope you all have a lovely Easter !!**



## News From The Farm



**Land-based Lad This Month  
John Temple**





# Headstart School \*Library News\*



## World Book Day

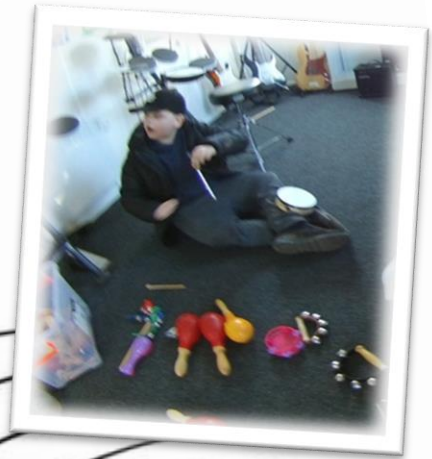
On Thursday 3<sup>rd</sup> March, some staff and students dressed up to celebrate the 25<sup>th</sup> anniversary of World Book Day.

We had a fun day which ended with a lovely tea party.

Thank you, Ronnie,  
for the delicious sandwiches!



## Music Department



This month the students have been exploring soundwaves, timbre, and textures. We have explored how objects create a variety of sounds when they are struck with objects made of different materials and density. We have been using the musical group 'STOMP' as inspiration for the rhythms and melodies. It has been great to get outside in the sunshine and fresh air with the students and to make the most of the wonderful facilities we have here at Headstart.

# STOMP



## Occupational Therapy Department

'best  
playground  
ever'

I love the  
swings

It makes me  
feel  
chillaxed

I like to play  
with my  
friends

It makes me  
feel calm



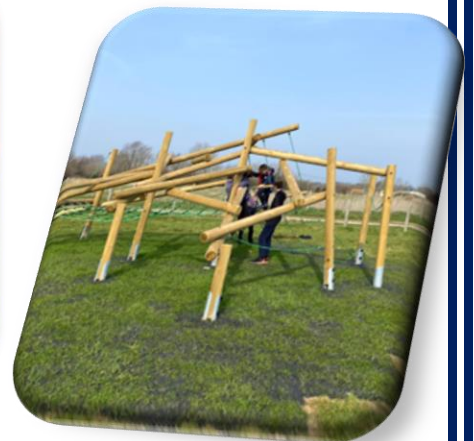
### Occupational Therapy @ Headstart school.

Research suggests that children's access to good play provision can: increase their self-awareness, self-esteem, and self-respect and improve and maintain their physical and mental health

Occupational Therapy recognises the value of play in relation to child development and often utilises play as an engaging intervention with the children we work with. There is a clear link between play and the positive impact it can have on fine and gross motor, sensory processing, planning and sequencing, social and emotional regulation skills.

To give the children at Headstart the best possible chance to develop and grow, we have installed a brand-new playground for both school sites to take advantage of. The playground not only has some exciting and challenging equipment, it can also be used as a sensory circuit.

### Here is our amazing new playground



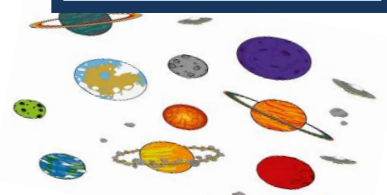
## Art and Media

Students have been working hard with their paintings and drawings. Our A' level student has continued to develop his creative work into his sketchbook which will then be used as referencing to his final pieces after the Easter Holiday.

Media work is focused on understanding the Media Industry and creating work that reflect the different aspects of this environment that is so essential to the society that we live in.



## **POST 16**



## English

In English student have been exploring the wonders of space and the universe. Discussing what is out there and whatever their personal views are on creation weather based on science or religion. Using worksheets and practical demonstrations the students are able to broaden their knowledge of facts and discuss with their peers. Some of the amazing facts that the students already know has been so impressive and given so much entertainment and discussion and proud of how they have tackled this terms work.

As an extra for all students we are also looking at General Studies, which will include subjects including history, geography, science, politics and life skills which will help encourage discussion and interest in the world around them.

**Post 16  
Students  
have  
started  
work on  
creating a  
field  
shelter for  
the ponies.**

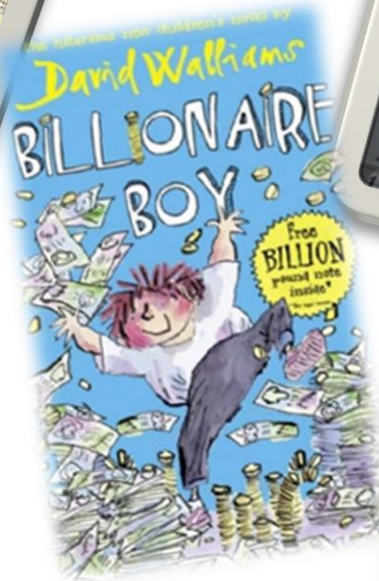




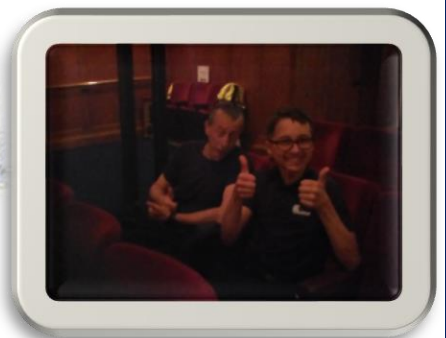
## Celia and Liz's Class



We went to Blackbrooks Garden Centre to buy flowerpots, compost and onions for our science experiment. We are carrying out an experiment to see how the amount of space affects the growth of the onions. In Pot A we have planted one onion, Pot B we have planted 4, Pot C we have planted 9 and in Pot D we have planted 16. We have placed our pots together to make sure they have the same amount of sun and rain and we are giving each pot the same amount of water to make it a fair test.



On Friday 25th March some of our pupils went to the Devonshire Park Theatre to watch David Walliams's Billionaire Boy. The story of a boy who was very rich but only wanted a true friend, had been turned into a musical for the stage. The pupils sat incredibly well and enjoyed the performance, with its' great characters, changing scenery and silly jokes. There were lots of laughs throughout! A wonderful trip for all who went!





## The Link Crouch

The Complex need students have been learning all about the Solar System. They have done English work about the book *Aliens Love Underpants* and have created their own Aliens and imagined new planets.

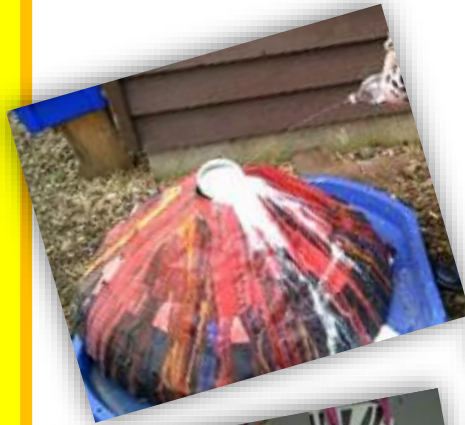
They have learned about what an Astronaut does and have researched famous Astronauts from around the world. One child said that they would take sunglasses to Venus as it's the brightest planet.

In Maths they have been learning about coins and have roleplayed paying for items in a range of shops. They have already visited a Greengrocers to buy unusual fruit and have chosen to go to a Fishmongers next.

They have enjoyed regular visits to the beach and have visited the RNLI centre in Hastings where they explored lifeboats and picked up a range of leaflets and activities. We have invited a lifeguard to come and meet us soon to talk about what they do, the dangers of the sea and how they help us.

The students have done daily mindfulness activities such as creating stars with little painted dots and colouring the planets. They have also done daily funky fingers fine motor skills activities and dough gym to help strengthen their grip for handwriting.

During Science week children created a range of experiments including the famous exploding volcano.



## **Football Tournament**



### **ALBION CUP**

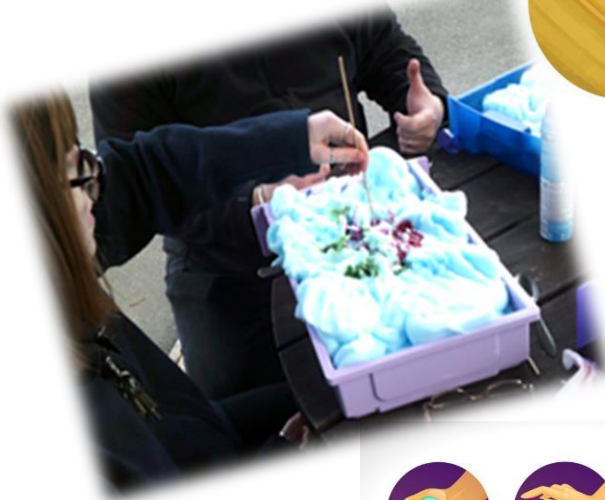
**28.03.2022 - Post 16 came in a respectable 3rd place when they participated in the annual Albion Cup football tournament. After losing 3-1 in their 1st game to the eventual winners Woodland's Mead, Headstart bounced back and won their next 3 games meaning they qualified in 2nd place. The semi-final saw Headstart pitted against local rivals St Marys, Headstart were hoping to avenge a recent 6-5 loss during a friendly 3 weeks ago. Unfortunately, the game did not go as planned, although Headstart put up a great fight showing some great teamwork throughout the game finished 3-2 in St Mary's favour. Headstart can hold their heads high, we look forward to welcoming Woodlands Mead and St Marys to our school for a round robin tournament next term!**

**A special mention to Callum Roberts who took home the Albion fair play award.**





## The Link Oakfield



Students within the Link at Oakfield have been involved in exploring different science experiments such as creating their own volcano eruption, marble painting with foam to create own planets, making slime and launching a mento rocket. Students have shown great excitement when investigating different cause and effects.

Students have also visited Herstmonceux Science Centre where they were able to work as a group to complete investigations. Plus, explore cause and effect of a range of different experiments.

**Another month has flown by, along with another term.**

**Well done to all staff and students for all their efforts this term. It has been an absolute pleasure to see more students engaged in learning outside the classroom as the weather has turned warmer and the skies are clearer.**

**This month's newsletter again shows the enthusiasm and hard work that goes into preparing and organising the large number of activities we offer at Headstart.**

**After the Easter break, we will be starting the term by talking through our behaviour policy at the school with all the students and explaining how we would like to continue to foster a calm and purposeful environment for the students at Headstart. I will discuss how students can earn rewards daily, weekly, and termly, along with the boundaries and high expectations we will have and teach. We will also be inviting our governors into school to talk to students and staff about behaviour in the school so that we can champion all the great things that staff and students achieve every day and look at areas we can improve by talking to everyone involved. Parents are also a vital part of the school, and I will send out an invitation soon to a Microsoft Teams invite so that we can explain our behaviour policy to all our parents and receive any feedback from your point of view.**

**Please have a fantastic Easter, and I look forward to seeing you all next term.**

**Scott Fasciolo-Barnes**