

NEWS ROUND UP

NEWSLETTER 5

FEBRUARY



On Safer Internet Day 2022 we talked about the different devices we use and what we use them for such as using Google to research, watching music videos and Gamers on YouTube. Using phones to send text messages and using Facebook. Playing games like Friv, Minecraft, Roblox and Fortnite. We discussed how long we spend on devices, how we might feel if we've been on them too long and how it feels to be called away from gaming - for dinner for example.

We watched a video from the UK Safer Internet Centre website. We had to think about what respect is and decide which messages were kind and unkind and whether the messages would be helpful or unhelpful to our friendships. We had a look at a BBC website called Own It which had lots of useful information, videos and activities about being a healthy gamer and being safe online.

RESPECT – “being kind, doing nice things for someone, listening to others, what they think and accepting what they say, asking questions, not making someone feel bad.”

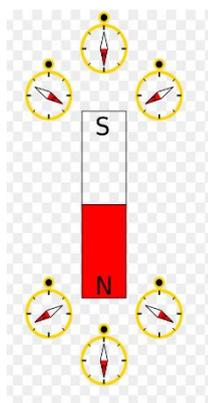
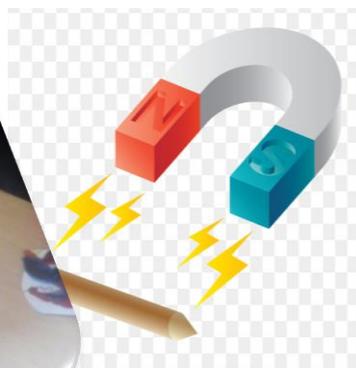
Celia and Liz's Class



Celia's Class



Marvellous Magnets!
In science we made our versions of the Fair Ground fishing game. We explored what magnets are attracted to and if you put North and North or South and South ends together, they repel. We attached paper clips to pictures and a magnet to a piece of string on a stick. We wrote numbers on the back of the pictures. The winner was the person with the highest total from the pictures they fished for!



News From The Farm

This month we have been very busy down on the farm. With help from students and staff we have managed to build the ponies a new shelter using reclaimed wood and other materials found on site. A big thank you to everyone that helped with this, especially Alex, Dan W and Brent.



The ponies had another fresh delivery of hay.



The goats and sheep have all had their feet trimmed.



Unfortunately, due to the stormy and windy weather we've had there has been a bit of damage to landbased. We are currently trying to make the repairs but at least everyone is safe and well.



Headstart Herd Hero of the month...

Dan W



Class ERA and CHO worked together during children's mental health week and really enjoyed exploring the theme "Growing Together." Staff and children took part in daily online workshops run by the children's mental health charity Place2Be which allowed us to explore positive ways of growing well both mentally and physically.

Our favourite workshop was where we made our own safety balloons and looked at all those people around us who "hold us up" and support us on our journey of growth. It was lovely hearing the children helping one another to decide who could support them and why.

At the end of the workshop, we thought about where we might all go together in the balloon. We came up with lots of exciting places to go. One child said "If all my special people could come with me to Legoland that would be amazing. Imagine all of them together what a picnic we could have. They would still be able to help me, and I could help them too by saying thank you and telling them we can go on a special journey every week so that we can all feel happy together."

As a staff group it was reassuring to know that the children feel that they are well supported both at home and at school and know that they are surrounded by people who they can talk to and trust.

Key Stage 3



Year 11 have been working hard on their revision since Christmas. As exams are getting closer and closer, they are really trying to use a lot of their time away from core lesson to revise the topics they have covered over their time at Headstart. From this term until the exams, they will be sent home weekly revision and a letter will be going out soon regarding exam arrangements. Although they are nervous, we all believe that they will achieve what their hard work deserves.

Emma's Class - KS4



OBO Class



Golf
Students from KS4 have enjoyed their first trip back to the golf driving range. Students expressed a keen interest in going to the driving range and showed the abilities to listen to instructions in order to strike a golf ball correctly. All students were able to work on their hand eye coordination skills, social and interaction skills and took part in a physical sporting lesson.



Metal Detecting

Some students enjoyed time to focus their attentions on metal detecting in the hope of finding some historical artifacts on the school field. The students used communication skills as well as physical endurance to locate items that were buried in the field. The students took turns using the metal detector to locate some items and the physical endurance to dig a hole with a spade whilst out on the field. Both students really enjoyed this task and were able to find an old metal arrow.



Careers

Careers Week 7th – 11th March 2022

We have planned an exciting range of activities for students throughout this week. The timetable includes visits to –

- A large shop to meet the manager and tour the store
 - A café run by adults with special needs
 - A hotel and sports centre in Eastbourne.

Our focus is to look at the different jobs that happen in each location and meet some of the people that do those roles in their workplaces.

During the week we are also welcoming visitors from Project Search (Eastbourne Supported Internship provider) and local tradespeople to talk to the students. More feedback and photos of these event will be included in next month's newsletter.

Dates for the diary

- De La Warr Pavilion Bexhill Jobs & Apprenticeships Fair 2022 – Friday 25th March 2022
(11am-3pm - free)

[BEXHILL JOBS & APPRENTICESHIPS FAIR 2022 - DLWP, The De La Warr Pavilion, Bexhill, East Sussex](#)

- The Big Futures Show – Tuesday 26th April 2022
(9.30am-4pm - £3)

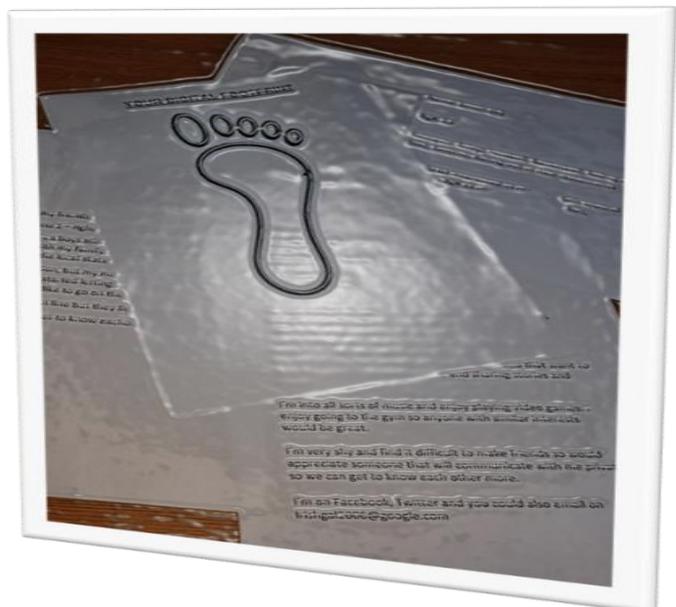
[The BIG Futures Show |](#)



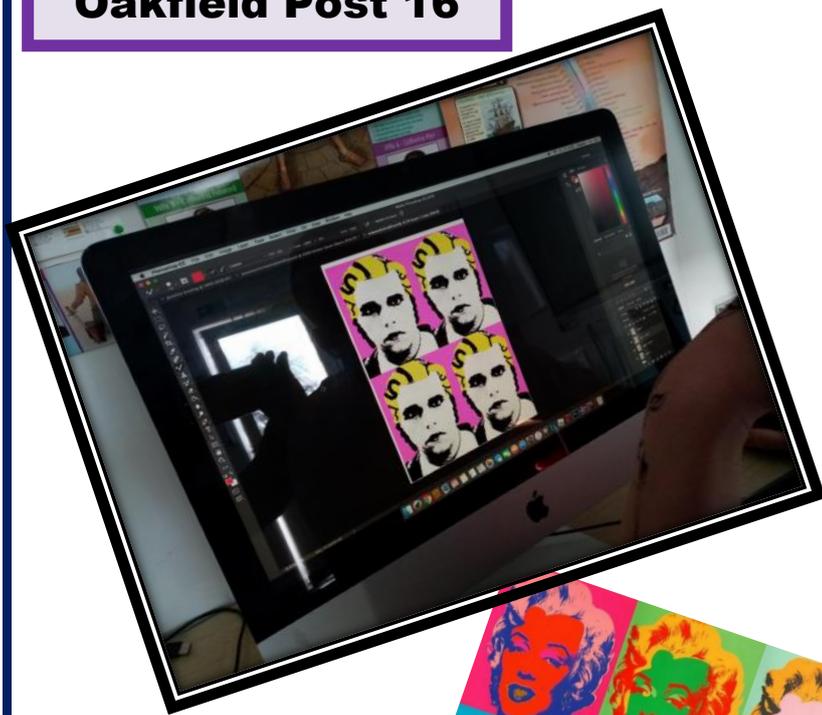
SAFER INTERNET DAY

During Safer Internet Day on 8th February, Post 16 students looked at and discussed the importance of keeping personal information hidden from on-line profiles or any gaming or social media apps.

We discussed safety while using social media and not believing everything they read or hear and how their digital footprint affects them as individuals.



Oakfield Post 16



English

In English students have been working through research for speaking and listening tasks. This work is then used to help in a presentation to their peers which is recorded for moderation. Students are also being encouraged to read more and engage with different topics which will help them to build on skills and knowledge which is important for life skills. This term we are also looking at World Book Day and this is a great chance to encourage student to read more, and will be continued throughout their education with us.

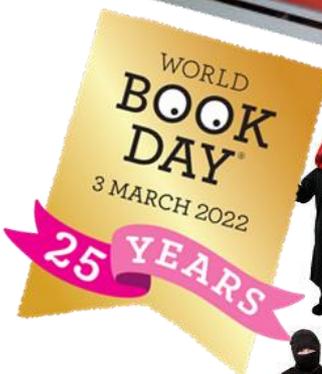
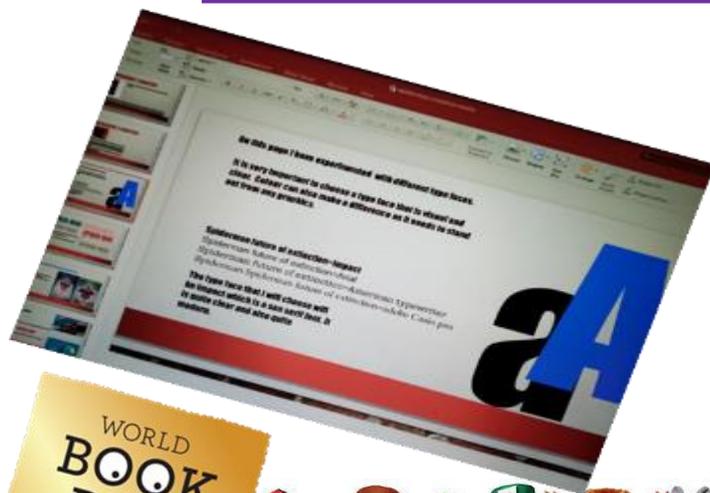
As an extra for all students we are also looking at General Studies, which will include subjects including history, geography, science, politics and life skills which will help encourage discussion and interest in the world around them.

Art and Media

The past few weeks have seen the students completing units for their media studies projects, and will be moving forward to start new units. The work has been varied and has been experimenting with the games market and understanding media as a sector.

In art the work is continuing to develop and moving into the last few terms of creativity. The work will be experimental and show understanding for techniques and reflection on artists work that connect to their own. Work will be produced using different techniques including digital art, painting and modelling using clay. The work is expressive and will be developed to final outcomes. Media Power Point, looking at Typography and marketing.

Student using Photoshop to develop Artwork based on Andy Warhol.



Message From Scott

I write my part to this Newsletter as I come up for air from what has been a busy month packed full of excellent learning and excitement.

Part of the theme evident in this Newsletter is safety, whether online, personal, or for animals. Keeping ourselves safe and healthy is vital to social, emotional, and academic growth.

At Headstart, we engage students in many activities to enrich their experience. For example, this month, students have engaged in Safer Internet Day, where students explored how to share information online, how long they spend online, and how to communicate online. All the students engaged well and showed a clear understanding of the positives and pearls of the internet.

Animals are an essential part of daily life at Headstart, and students are expected to help with ensuring they are stimulated, well looked after, and safe. Before the storm hit last week, students upgraded parts of our land-based facilities. As you can see from the pictures, they have started to create a very high standard of facilities. The land-based area is an integral part of our school and one which we are looking to develop as much as possible in the future.

As well as keeping animals safe and healthy, students have been learning about their mental health throughout Mental Health Week. Students explored growth stories of different celebrities alongside describing positives about themselves and others. These topics can be sensitive for staff and students to engage in, and I commend all involved for their efforts.

I will finish on a positive note myself. Since I have returned to Headstart, I have been blown away by the mental resilience of both staff and students I work alongside. We appear to be moving forward with the government releasing guidance on 'Living with Covid-19,' and I would like to take this opportunity to champion all the staff and students who were at Headstart through that time.